



## Cross-sectional survey for canine leptospirosis in an Atlantic Rainforest area of the semiarid of Paraíba state, Northeastern Brazil<sup>1</sup>

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**ABSTRACT-** Bernardino M.G.S., Costa D.F., Nogueira D.B., Silva M.L.C.R., Silva E.G., Carreiro A.N., Alves C.J. & Azevedo S.S. 2021. **Cross-sectional survey for canine leptospirosis in an Atlantic Rainforest area of the semiarid of Paraíba state, Northeastern Brazil.** *Pesquisa Veterinária Brasileira* 41:e06640, 2021. Unidade Acadêmica de Medicina Veterinária, Centro de Saúde e Tecnologia Rural, Universidade Federal de Campina Grande, Av. Universitária s/n, Cx. Postal 61, Santa Cecília, Patos, PB 58700-970, Brazil. E-mail: [sergio@vps.fmvz.usp.br](mailto:sergio@vps.fmvz.usp.br)

Leptospirosis is a worldwide zoonosis caused by the bacteria *Leptospira* spp. that affects humans, domestic and wild animals. The present work aimed to conduct a cross-sectional survey for leptospirosis in the canine population of the Brejo Paraibano microregion, semiarid of Northeastern Brazil. From May to October 2017, blood samples from 414 dogs were collected in the counties of Alagoa Grande (n=100), Areia (n=79), Bananeiras (n=72), Alagoa Nova (n=73), Serraria (n=25), Pilões (n=25), Borborema (n=20) and Matinhas (n=20). The tutors of the sampled dogs answered an epidemiological questionnaire, obtaining information about the animals, owner, residence and breeding of the dogs. Subsequently, the serum samples were subjected to the microscopic agglutination test (MAT), using a collection of 23 serovar pathogenic antigens and using the 1:50 dilution as the cutoff point. Of the 414 dogs analyzed 52 were seroreactive, resulting in an apparent prevalence of 12.6% and a real prevalence of 12.2%. Seroreactive dogs were found in the eight counties. Dogs were reactive for the serogroups Icterohaemorrhagiae (76.9%), Autumnalis (13.55%), Pomona (3.8%), Grippityphosa (3.8%) and Serjoe (1.9%) Antibody titers ranged from 50 to 800. The statistical analysis (robust Poisson regression) detected six factors associated with seropositivity, including the rainy season (prevalence ratio; PR=1.94, P=0.013), male dogs (PR=2.10, P=0.005), animals with age greater than five years (PR=4.21, P=0.012), consumption of untreated water (PR=1.87, P=0.043), free access of dogs to street (PR=2.15, P=0.011) and contact with wildlife (PR=3.54, P=0.050). The serogroup Icterohaemorrhagiae has a high zoonotic potential and was the most frequent in seropositive animals. The high real prevalence of *Leptospira* spp. in a transmission region of the semiarid region of Paraíba and the occurrence of seroreactive animals in all the counties suggest wide distribution of the infection and reinforce the need for preventive measures to avoid infection in pets and, consequently, to humans. The analysis of factors associated with the prevalence suggest greater management cares with the dogs.

**INDEX TERMS:** Cross-sectional survey, canine, leptospirosis, Atlantic Rainforest, Brazil, epidemiology, zoonosis, pets, dogs, One Health.

**RESUMO.- [Estudo transversal para leptospirose canina em área de Mata Atlântica do semiárido da Paraíba, Nordeste do Brasil.]** A leptospirose é uma zoonose mundial causada pela bactéria *Leptospira* spp. que afeta seres humanos,

animais domésticos e selvagens. O presente trabalho teve como objetivo realizar um estudo transversal de leptospirose na população canina da microrregião Brejo Paraibano, semiárido do Nordeste do Brasil. No período de maio a outubro de 2017, amostras de sangue de 414 cães foram coletadas nas cidades de Alagoa Grande (n=100), Areia (n=79), Bananeiras (n=72), Alagoa Nova (n=73), Serraria (n=25), Pilões (n=25), Borborema (n=20) e Matinhas (n=20). Os tutores dos cães amostrados responderam a um questionário epidemiológico, sendo obtidas informações sobre os animais, proprietário,

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residência e criação dos cães. Posteriormente as amostras de soro foram submetidas à prova de soroprecipitação microscópica (SAM), utilizando-se uma coleção de 23 sorovares antígenos patogênicos e adotando como ponto de corte a diluição 1:50. Dos 414 cães analisados 52 foram sorreativos, resultando em uma prevalência aparente de 12,6% e uma prevalência real de 12,2%. Cães sorreativos foram encontrados nos oito municípios. Os cães foram reativos para o sorogrupo *Icterohaemorrhagiae* (76,9%), *Autumnalis* (13,55%), *Pomona* (3,8%), *Grippotyphosa* (3,8%) and *Serjoe* (1,9%) Os títulos de anticorpos variaram de 50 a 800. A análise estatística (regressão de Poisson robusta) detectou seis fatores associados à soropositividade, incluindo o período chuvoso (razão de prevalência - RP=1,94;  $P=0,013$ ), cães machos (RP=2,10;  $P=0,005$ ), animais com idade maior que cinco anos (RP=4,21;  $P=0,012$ ), consumo de água não tratada (RP=1,87;  $P=0,043$ ), cães com livre acesso à rua (RP=2,15;  $P=0,011$ ) e contato com animais silvestres (RP=3,54;  $P=0,050$ ). Os resultados desse estudo indicaram que há a exposição por *Leptospira* spp. em cães da microrregião do Brejo paraibano. O sorogrupo *Icterohaemorrhagiae* possui alto potencial zoonótico e foi o mais frequente nos animais soropositivos. A alta prevalência real de *Leptospira* spp. em uma região de transmissão da região semiárida da Paraíba e a ocorrência de animais sorreativos em todos os municípios sugerem uma ampla distribuição da infecção e reforçam a necessidade de medidas preventivas para evitar a infecção em animais de estimação e, conseqüentemente, em seres humanos. A análise dos fatores associados à prevalência sugere maior cuidado com os cães.

**TERMOS DE INDEXAÇÃO:** Estudo transversal, leptospirose, caninos, Mata Atlântica, Brasil, epidemiologia, zoonose, animais de estimação, Saúde Única.

## INTRODUCTION

Leptospirosis is a zoonotic disease with worldwide distribution and increasing prevalence (Lane & Dore 2016) caused by pathogenic bacteria belonging to the genus *Leptospira*, which can affect humans, domestic and wild animals (Ellis 2015). In humans, Brazil has an endemic situation, with an annual average of three thousand cases confirmed (SINAN 2017), and in this context, humans act as accidental hosts and when infected they can develop the severe form of the disease (Haake & Levett 2015).

In the urban environment, the main reservoirs of the disease are synanthropic animals (Scialfa et al. 2010, Benacer et al. 2013). In addition, several domestic and wild species can act as important reservoirs in the epidemiological cycle (Vieira et al. 2016, Miotto et al. 2018a, Zarantonelli et al. 2018). The indirect way is the main route of transmission of the agent, through contact with water or soil contaminated with the urine of infected animals (Haake & Levett 2015).

From the One Health point of view, human health is linked to animal and environmental health, as well as to the adoption of effective public policies for the prevention and control of diseases at the local, regional, national and global levels (OIE 2019). Taking this as an assumption, surveys with dogs can provide important information for various problems that affect human health, as these animals have close contact with humans and act as sentinels for various diseases. In addition, dogs can host and amplify various infectious agents of great importance in public health, including leptospires, and when

infected they can develop the subclinical condition and act as carriers (Oliveira et al. 2012).

The prevalence of the disease is influenced by several factors, including geographic distribution and socioeconomic factors (Baquero & Machado 2018), and in this context the conduction of epidemiological surveys in different locations is important. Some surveys with dogs have been carried out in the state of Paraíba (Alves et al. 2004, Batista et al. 2004, Azevedo et al. 2011, Silva et al. 2017b, Brasil et al. 2018, Fernandes et al. 2018a, 2018b), however, there are still no surveys that indicate the epidemiological situation of canine leptospirosis in the Brejo paraibano microregion, which can be considered a important transmission area, as this region presents specific characteristics that may influence the occurrence of this disease, including the presence of remnants of the Atlantic Rainforest (Porto et al. 2004) and high rainfall (AESA 2019). According to data from the Ministry of Health, 325 cases of human leptospirosis from 2000 to 2018 were confirmed in the state of Paraíba (SINAN 2017), which reinforces the need to carry out epidemiological surveys in the region. Therefore, this work aimed to conduct a cross-sectional study for leptospirosis in the canine population of the Brejo Paraibano microregion, semiarid of Northeastern Brazil.

## MATERIALS AND METHODS

The present study was approved by the Research Ethics Committee of the “Centro de Tecnologia de Saúde Tecnologia Rural” (CSTR) of the “Universidade Federal de Campina Grande” (UFCG), under protocol no. 025/2017.

**Study area and sampling.** This study was conducted on dogs living in the urban area of the Brejo Paraibano microregion, in the state of Paraíba, Northeastern Brazil, which consists of eight municipalities, namely: Alagoa Grande, Alagoa Nova, Areia, Bananeiras, Borborema, Matinhas, Pilões and Serraria. Its territorial area is 840,452km<sup>2</sup>, with a population of 116,488 inhabitants (IBGE 2010).

In order to define the minimum number of animals to be sampled the formula for simple random sampling was used (Thrusfield 2007), considering the following parameters: expected prevalence of 50% (sample maximization), confidence level of 95% ( $z=1.96$ ) and statistical error of 5%. With these parameters a minimum sample size of 384 dogs was required, but we provided a sample of 414 dogs older than three months of age, of both sexes (193 females and 221 males) and different breeds, without leptospirosis vaccination history in the last 12 months. The minimum number of dogs to be sampled in each municipality of the microregion was defined proportionally according to the number of inhabitants (Table 1).

**Sample collection.** The fieldwork was conducted by a trained team through home visits to the residents of the microregion. The dogs' owners were given explanations about the objectives of the study and, after agreeing to participate, signed a free and informed consent statement. The collection of the samples was carried out from May and October 2017, comprising two periods of different pluviometric indexes: rainy (May to July) and dry (August to October). From each animal a blood sample was collected, and after removal of the coagulum the serum was transferred to 1.5-mL microtubes and stored at -20°C until the serological tests.

A questionnaire was applied to the owners to obtain data to be used in the analysis of factors associated with seroprevalence. The variables and respective categories considered in the questionnaire were:

a) Information about the season and dogs: season (dry, rainy), sex (female, male), age (up to 1 year, 1-5 years, over 5 years), and breed (without defined breed, with defined breed);

b) Information about owner and residence: educational level (illiterate/incomplete primary education, completed elementary school), disposal of garbage (public collection, vacant lots/on the streets), presence of rodents (no, yes), type of water for consumption (treated, untreated), and yard (no/cement, soil/soil-cement);

c) Characteristics of animal husbandry: condition of housing (domiciled/semi-domiciled, free access to streets), dog food (commercial, commercial + homemade), ectoparasite control (yes, no), deworming (yes, no), veterinary assistance (yes, no), animal with access to vacant lots (yes, no), contact with small ruminants (yes, no), contact with cattle (yes, no), contact with horses (yes, no), and contact with wildlife (yes, no).

**Serological test.** For anti-*Leptospira* sp. antibody detection the microscopic agglutination test (MAT) (OIE 2018) was used. The antigens used were strains of *Leptospira interrogans* serovars Copenhageni, Bratislava, Canicola, Grippotyphosa, Hardjoprajitno, Pomona, Pomona Fromm, Pyrogenes, Icterohaemorrhagiae, Hebdomadis and Wolffi; *L. borgpetersenii* serovars Autumnalis, Javanica, Tarassovi, Mini and Ballum; *L. santarosai* serovars Guaricura, Canalzone and Shermani; *L. kirschneri* serovar Cynopteri; *L. noguchii* serovars Panama and Louisiana; *L. weilli* serovar Celledoni. Sera were screened at the 1:50 dilution, and those with 50% or more of agglutination were titrated by examining a series of geometric dilutions of ratio two. The serum titer was defined as the reciprocal of the highest dilution that showed positive result, and the cutoff point adopted was titer  $\geq 50$ . The reagent serogroup in each animal was defined by the serovar that had the highest titer.

**Statistical analysis.** Apparent and real prevalences were calculated according to Noordhuizen et al. (1997). Apparent prevalence was obtained by the ratio between the number of seroreactive animals and the total number of animals. Real prevalence value was estimated by the adjustment of apparent prevalence for the sensitivity (82%) and specificity (97%) of the MAT (Cumberland et al. 1999):

$$RP = \frac{(AP + SPE - 1)}{(SEN + SPE - 1)}$$

Where: RT = real prevalence, AP = apparent prevalence, SPE = specificity, and SEN = sensitivity.

The information obtained with the epidemiological questionnaires and serological tests were stored in a database created with the Microsoft Excel software. To conduct the analysis of factors associated with seropositivity, univariable analysis was initially performed, in which each independent variable underwent an association analysis in relation to the dependent variable (seropositivity in serological tests). Variables with  $P$ -value  $\leq 0.2$  in the Chi-square test (Zar 1999) were selected for multivariable analysis using robust Poisson regression. Collinearity between independent variables was verified by a correlation analysis; for those variables with a strong collinearity (correlation coefficient  $> 0.9$ ), one of the two variables was excluded from the multiple analysis according to the biological plausibility (Dohoo et al. 1996). To assess how well the model fits the Person Chi-square was used, and the significance of the model was verified with Omnibus test. The significance level adopted in the multiple analysis was 5%, and the software used was SPSS for Windows version 20.0.

## RESULTS

Of the 414 dogs analyzed 52 were seroreactive, resulting in an apparent prevalence of 12.6% and a real prevalence of 12.2%. Seroreactive dogs were found in the eight counties (Table 1 and Fig.1), with the highest prevalence obtained in the county of Serraria (28%), followed by Areia (20.2%), Pilões (20%), Matinhas (15%), Borborema (10%), Alagoa Nova (9.6%), Alagoa Grande (7%) and Bananeiras (6.9%).

Dogs were reactive for the serogroups Icterohaemorrhagiae (76.9%), Autumnalis (13.55%), Pomona (3.8%), Grippotyphosa (3.8%) and Serjoe (1.9%) (Table 2). Antibody titers ranged from 50 to 800 according to the following distribution: five (9.6%) dogs showed titer 50, 11 (21.2%) titer 100, 18 (34.6%) titer 200, nine (17.3%) titer 400 and nine (17.3%) titer 800.

Variables selected in the univariable analysis ( $P < 0.20$ ) were season ( $P = 0.003$ ), sex ( $P = 0.119$ ), age ( $P < 0.001$ ), breed ( $P = 0.018$ ), owner's educational level ( $P = 0.005$ ), disposal of garbage ( $P < 0.001$ ), presence of rodents ( $P = 0.165$ ), type of water for consumption ( $P < 0.001$ ), characteristics of the yard ( $P = 0.011$ ), condition of housing ( $P < 0.001$ ), dog food ( $P = 0.008$ ), ectoparasite control ( $P = 0.161$ ), veterinary assistance ( $P = 0.118$ ), access to vacant lots ( $P < 0.001$ ), contact with cattle

**Table 1. Numbers of inhabitants, minimum number of dogs to be sampled, sampled dogs, positive animals in each municipality and serogroups detected in the Brejo Paraibano microregion**

Municipality	Inhabitants*	Minimum number of dogs to be sampled	Sampled dogs	Positive dogs (%)	Serogroups detected
Alagoa Grande	28,479	94	100	7 (7.0)	Icterohaemorrhagiae
Areia	23,829	78	79	16 (20.2)	Icterohaemorrhagiae, Autumnalis, Serjoe
Bananeiras	21,851	72	72	5 (6.9)	Icterohaemorrhagiae
Alagoa Nova	19,681	65	73	7 (9.6)	Icterohaemorrhagiae, Autumnalis, Pomona
Serraria	6,238	21	25	7 (28)	Icterohaemorrhagiae, Autumnalis, Grippotyphosa
Pilões	6,978	23	25	5 (20)	Icterohaemorrhagiae, Grippotyphosa, Pomona
Borborema	5,111	17	20	2 (10)	Autumnalis
Matinhas	4,321	14	20	3 (15)	Icterohaemorrhagiae
TOTAL	116,488	384	414	(12.6)	-

\* Source: IBGE (2010).

( $P=0.001$ ), contact with horses ( $P=0.021$ ) and contact with wildlife ( $P<0.001$ ) (Table 3).

In the robust Poisson regression analysis, six factors associated with seroprevalence were confirmed (Table 4), including the rainy season (prevalence ratio - PR=1.94,  $P=0.013$ ), male dogs (PR=2.10,  $P=0.005$ ), animals with age greater than five years (PR=4.21,  $P=0.012$ ), consumption of untreated water (PR=1.87,  $P=0.043$ ), free access of dogs to street (PR=2.15,  $P=0.011$ ) and contact with wildlife (PR=3.54,  $P=0.050$ ). The model presented good fit (Pearson Chi-square: value = 312.78, degrees of freedom - df = 397, value/df = 0.788) and statistical significance (Omnibus test: likelihood ratio Chi-square = 73.27, df = 16,  $P<0.001$ ).

## DISCUSSION

The real prevalence of dogs seroreactive for *Leptospira* sp. obtained in this survey can be considered high given the importance of infection from the One Health point of view, because in addition to the impacts on animal and public health, the infection has a strong environmental component in its epidemiology. It is noteworthy that all counties in the region had seroreactive animals, with prevalence rates ranging from 7% to 28%. These results alert to the intensification of preventive measures that minimize the risk of exposure of animals and humans to the agent, especially in the case of a region that has favorable environmental conditions for the

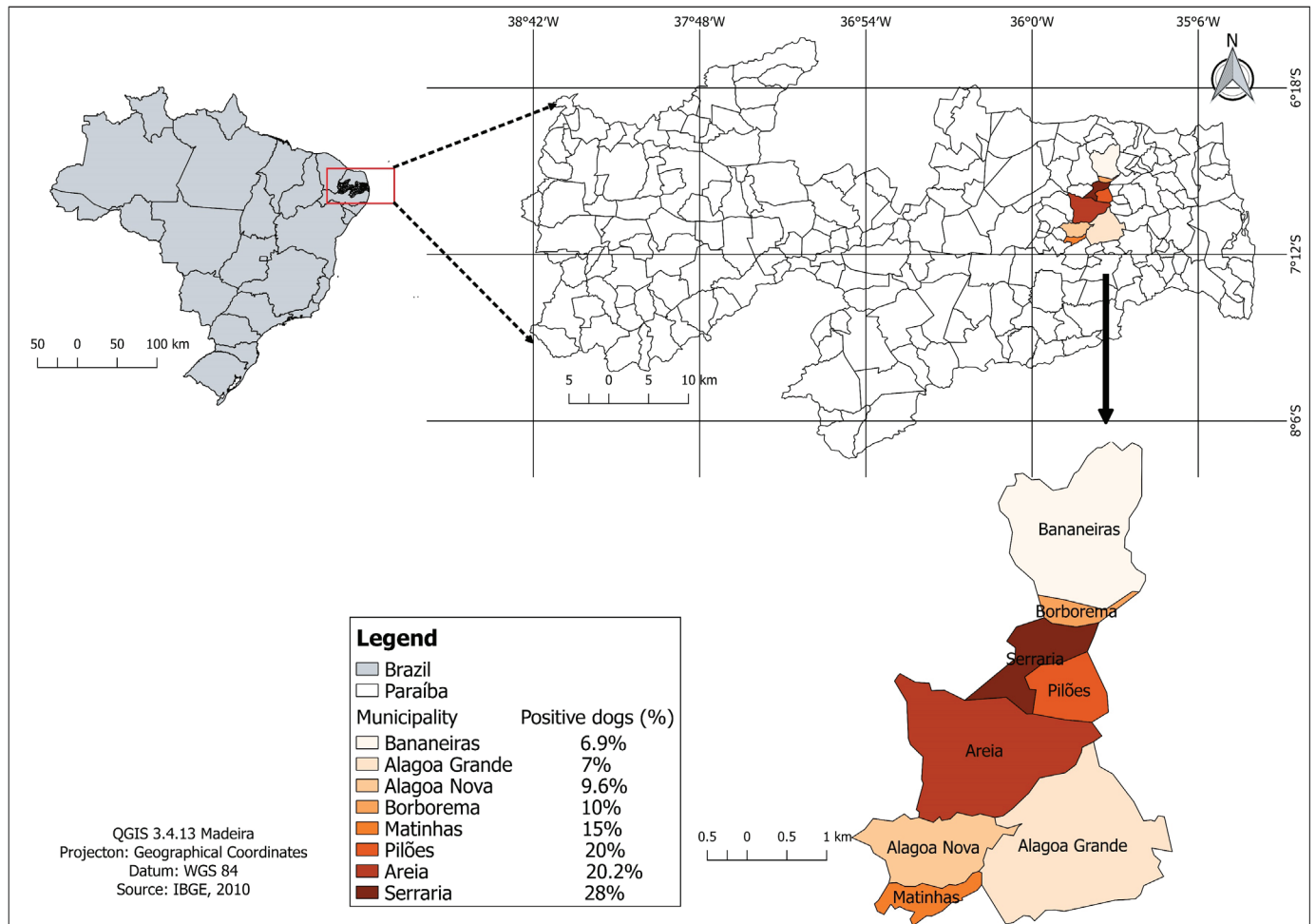


Fig.1. Geographic representation of the municipalities in the Brejo Paraibano microrregion and respective seropositivity to *Leptospira* sp. in dog population.

**Table 2. Frequency of anti-*Leptospira* antibodies according to serogroup detected in 52 dogs in the Brejo Paraibano microregion, from May to October 2017**

Serogroup	Titration					Total (%)
	50	100	200	400	800	
Icterohaemorrhagiae	3	9	13	9	6	40 (76.9)
Autumnalis	2	1	3	-	1	7 (13.5)
Pomona	-	1	-	-	1	2 (3.8)
Grippotyphosa	-	-	1	-	1	2 (3.8)
Serjoe	-	-	1	-	-	1 (1.9)

spread of leptospires. It is worthy mentioning that titration equal to or greater than 800 indicates an acute infection in dogs and on this clinical condition they can eliminate live leptospires in the urine (Miotto et al. 2018b), so that this finding shows the high risk of infection for humans due to the close relationship with their pets.

The most prevalent serogroup was Icterohaemorrhagiae, which is implicated as a cause of acute and severe disease in dogs (Freire et al. 2008), as well as one of the most frequent and pathogenic for humans (Romero et al. 2003). This data is relevant because infected dogs eliminate live leptospires through urine (Freitas et al. 2004, Miotto et al. 2018b), becoming important sources of infection for humans due to

their close relationship. The predominance of the serogroup Icterohaemorrhagiae is not a common finding when compared to studies carried out in recent years in other regions of Brazil. In the Southern region, the most common serogroups were Canicola and Autumnalis (Morikawa et al. 2015, Oliveira et al. 2016, Hafemann et al. 2018, Pinto-Ferreira et al. 2019), in Minas Gerais the serogroups Autumnalis, Tarassovi, Canicola and Grippotyphosa (Castro et al. 2015), in Pará, Canicola, Semaranga and Icterohaemorrhagiae (Paz et al. 2015), and in Piauí, the serogroups Canicola, Autumnalis and Australis were the most frequent (Silva et al. 2017a).

On the other hand, the higher frequency of the serogroup Icterohaemorrhagiae was also recently reported in dogs

**Table 3. Univariable analysis on the factors associated with seroprevalence for leptospirosis among dogs in the Brejo Paraibano microregion**

Variable	Categories	Total no. of dogs	Positive dogs (%)	P-value
Season	Dry	223	18 (8.1)	0.003*
	Rainy	191	34 (17.8)	
Sex	Female	193	19 (9.8)	0.119*
	Male	221	33 (14.9)	
Age	Up to 1 year	89	3 (3.4)	<0.001*
	1-5 years	200	20 (10.0)	
	Over 5 years	125	29 (23.2)	
Breed	With defined breed	72	3 (4.2)	0.018*
	Without defined breed	342	49 (14.3)	
Owner's educational level	Illiterate/incomplete primary education	124	7 (5.6)	0.005*
	Completed elementary school	290	45 (15.5)	
Disposal of garbage	Public collection	395	44 (11.1)	<0.001*
	Vacant lots/on the streets	19	8 (42.1)	
Presence of rodents	No	104	9 (8.7)	0.165*
	Yes	310	43 (13.9)	
Type of water for consumption	Treated water	218	14 (6.4)	<0.001*
	Untreated water	196	38 (19.4)	
Characteristics of the yard	No/cement	127	8 (6.3)	0.011*
	Soil/ soil-cement	287	44 (15.3)	
Condition of housing	Domiciled/Semi-domiciled	332	29 (8.7)	<0.001*
	Free access to streets	82	23 (28.0)	
Dog food	Commercial	190	15 (7.9)	0.008*
	Commercial + homemade	224	37 (16.5)	
Ectoparasite control	Yes	48	3 (6.2)	0.161*
	No	366	49 (13.4)	
Deworming	Yes	8	2 (25.0)	0.284
	No	406	50 (12.3)	
Veterinary assistance	Yes	41	2 (4.9)	0.118*
	No	373	50 (13.4)	
Animal with access to vacant lots	No	177	8 (4.5)	<0.001*
	Yes	237	44 (18.6)	
Contact with small ruminants	No	386	47 (12.2)	0.381
	Yes	28	5 (17.9)	
Contact with cattle	No	403	47 (11.7)	0.001*
	Yes	11	5 (45.5)	
Contact with horses	No	398	47 (11.8)	0.021*
	Yes	16	5 (31.2)	
Contact with wildlife	No	139	3 (2.2)	<0.001*
	Yes	275	49 (17.8)	

\* Variables selected for robust Poisson regression analysis.

**Table 4. Factors associated with seroprevalence for leptospirosis among dogs in the Brejo Paraibano microregion, determined using robust Poisson regression analysis**

Variable category	Coefficient estimates	Standard error	Wald Chi-square	Prevalence ratio (PR)	95% CI	P-value
Untreated water for consumption	0.625	0.309	4.091	1.87	1.02; 3.43	0.043
Rainy season	0.660	0.2657	6.171	1.94	1.15; 3.26	0.013
Male dog	0.743	0.2655	7.835	2.10	1.25; 3.54	0.005
Free access to streets	0.767	0.3007	6.509	2.15	1.20; 3.89	0.011
Contact with wildlife	1.263	0.658	3.683	3.54	1.00; 12.85	0.050
Age over 5 years	1.438	0.5717	6.323	4.21	1.37; 12.91	0.012

Goodness of fit: Pearson Chi-square value = 312.78, degrees of freedom = 397, value/df = 0.788; CI = confidence interval.

from other regions of the state of Paraíba, with a frequency of 47% in dogs residing in large urban centers (Fernandes et al. 2018a) and 43% in dogs from the Sertão of Paraíba (Fernandes et al. 2018b). These data show that the serogroup *Icterohaemorrhagiae* is being maintained in dogs from the state of Paraíba and reinforces the importance of rodent control in the urban environment, as it is known that the main reservoir of this serogroup in urban environments is the rat (*Rattus norvegicus*), which is resistant to clinical disease and hosts bacteria in the kidneys, eliminating them through urine intermittently for long periods (Brasil 2017). In addition, the fact that the Brejo paraibano has a large forest area indicates the possible participation of wild hosts that maintain serogroup *Icterohaemorrhagiae* in the epidemiological cycle of the region.

The *Autumnalis* serogroup was the second most prevalent, and although it is considered uncommon in dogs, in recent years there has been an increase in seropositivity reports (Lemos et al. 2010, Castro et al. 2011, 2015). It is worth mentioning that among domestic species, this serogroup is more frequently reported as predominant in sheep (Alves et al. 2004, 2012, Higino et al. 2010, Barbante et al. 2014) and goat (Araújo Neto et al. 2010, Higino et al. 2012, 2013, Pimenta et al. 2019). Therefore, it is likely that sheep and goat may be acting as reservoirs for this serogroup, thus contaminating the environment and other species, including dogs. Seropositivity for serogroup *Autumnalis* is also of concern, since vaccines commercially available for dogs do not include bacteria from that serogroup, so that animals can be susceptible to infection even when vaccinated.

Serogroups *Pomona*, *Grippotyphosa* and *Serjoe* were also detected in the presente survey. *Pomona* is commonly found in pigs, being adapted to this species (Miraglia et al. 2015), wild animals tend to be reservoirs of the *Grippotyphosa* serogroup (Allen et al. 2014, Pedersen et al. 2018) and cattle are often associated with the *Serjoe* (Pimenta et al. 2019). Therefore, it is possible that other animal species act as important reservoirs in the epidemiological cycle of leptospirosis in the region.

Cross-sectional studies are one of the most frequently designed observational studies in animal leptospirosis as well as in veterinary epidemiology, likely because they are rapid, inexpensive and of moderate difficulty, and the odds ratio (OR) is the most usual association measure estimated. However, when the binary outcome is common, usually with a prevalence greater than 10%, the prevalence ratio (PR) can be overestimated by the OR when the PR is greater than one or underestimated when the PR is less than one (Martinez et al. 2017). In this survey a robust Poisson regression was used to estimate PR and determine the factors associated with seroprevalence.

Dogs that consumed untreated water were 0.87 times more likely to be seropositive, i.e., there was an 87% increase in

prevalence. This data warns of possible contamination of the water used by the population, mainly from wells. It should also be noted that pathogenic leptospires have already been found in well water (Astuti et al. 2019) and can survive for long periods in aqueous or semi-solid environments (Trueba et al. 2004).

Dogs whose blood samples were taken in the rainy season were 0.94 more likely to be seroreactive, with a 94% increase in prevalence. According to data from the "Agência Executiva de Gestão das Águas do Estado da Paraíba" (AESA 2019), the rainfall rate in the rainy season was 2.7 times higher than the dry season. Taking into account that still water and sewage may contain pathogenic leptospires in urban areas (Casanovas-Massana et al. 2018), this increase in the number of seropositive animals may be related to the spread of the agent due to rain. Associated with this, the increase in soil moisture is given as an important risk factor for the occurrence of the disease (Baquero & Machado 2018), as it favors the maintenance of the bacteria in the environment.

Male dogs were 1.10 times more likely to be seropositive, i.e., there was a 110% increase in prevalence. This may be related to the male dog reproductive habits, including licking and sniffing the female's genitals, increasing the chances of contact with contaminated urine. In addition, pathogenic leptospires were detected in urine from naturally infected dogs in the Brazil with the serovar *Icterohaemorrhagiae* (Miotto et al. 2018b).

Dogs with free access to the street were 1.15 times more likely to be seropositive (115% increase in prevalence). This may be related to increased exposure to the agent when compared to domiciled dogs. Among the possible ways of infection, these dogs may have contact with infected animals, mainly with stray dogs that tend to be reservoirs of pathogenic leptospires (Miotto et al. 2018a), or have contact with water contaminated with urine of synanthropic animals, main reservoirs in urban areas (Brasil 2017).

Dogs whose owners reported contact with wildlife were 2.54 more likely to be seropositive, representing a 254% increase in prevalence. Therefore, it should be noted that the studied area has several fragments of Atlantic Forest close to urban areas, being composed of a great biodiversity of fauna and flora (Porto et al. 2004). It suggests that the potential of its fauna as a carrier of infectious agents has yet to be elucidated, since wildlife can act as remarkable reservoirs of pathogenic leptospires (Vieira et al. 2016, 2019).

Dogs older than five years were 3.21 times more likely to be seropositive (321% increase in prevalence). This finding was also found in other surveys with dogs (Mascoll et al. 2016, Fernandes et al. 2018a) and may be related to the longer exposure time to the agent when compared to younger animals.

## CONCLUSIONS

The high real prevalence of *Leptospira* sp. in a transmission region of the semi-arid of Paraíba and the occurrence of seroreactive animals in all the municipalities suggest wide distribution of the infection and reinforce the need for preventive measures to avoid infection in pets and, consequently, to humans.

The analysis of factors associated with the prevalence suggest greater management cares with the dogs.

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